



Newzletter

no youth
is left behind

Summer 2010

Welcome to our quarterly newsletter:

It has been a great summer. Our core program Project Reach Out continued to make a difference in the lives of the many youth it serves. The “teen bus” as the youth call it, continues to make a significant impact in the lives of youth and the surrounding communities. We are also excited to be offering our school & after-school programs. The demand for our innovative, youth-centered programs has increased. With the demand for our programs, comes the ongoing challenge of funding. As you probably already know PoCoMo is a vital and important service to the Tri Cities community, what you may not know is that we are not provincially funded. All funds raised by PoCoMo are done so either through grant writing, sponsorship, and donations or from special events. The board has formed marketing and fundraising committees and now looks to the membership to join committees and become involved in giving back to the community. Your involvement is crucial to the ongoing success of PoCoMo and the youth we serve.

We are also trying to build donations from membership to build a base of financial support. This will not happen over night. **Your monthly contribution of a little as \$5 a month** will enable PoCoMo to build financial sustainability for the programs and services we provide. I encourage all members to go to our website and look at the Canada Helps giving page www.canadahelps.org. This is a CALL TO ACTION. Share the opportunity with your social network of friends and neighbours. Our hope is that you might rally the troops to get behind this process as it can only gain momentum with everyone in the community pulling together. Help us serve the street involved, vulnerable, marginalized and at-risk population of youth in the Tri-Cities.

A special thank you to [Coast Capital Savings](#) for their generous funding support for Project Reach Out of \$10,000. Also, [Westminster Savings Foundation](#) for their generous support of our after-school program DeTour for \$7000. WE like to welcome [Costless Express](#) to the PoCoMo partnership family, and thanks them for their generous support. It is through the generous support from partners like these that PoCoMo continues to offer innovative and successful programs.

We also invite any interested business or individual to experience one of our bus tours. The bus tour will take you on a tour of the community and share insight into the after-hours world of youth, the services we provide, the impact, and how you can contribute. Contact the office if you are interested in experiencing a bus tour.

Sincerely, Jerome Bouvier, M.A.
Executive Director

HOW YOU CAN HELP POCOMO

1. Join

Become a member of PoCoMo, get involved with the board, fundraising committees, and volunteer.

2. Be the Change

Fundraise on your own, attend special events, help raise awareness, call on your social network, and refer other interested individuals.

3. Take Action

Your donation, no matter the size, has a real impact on our ability to help our most vulnerable and at risk youth. To make a one time donation visit www.canadahelps.org.

4. Donate Monthly

Giving on a monthly basis provides a stable source of income for the society. This type of support is invaluable to our long-term future and an investment in the youth in our communities. To set up a monthly donation to PoCoMo, please visit www.canadahelps.org.

WHAT'S NEW WITH POCOMO

FUN DAY IN THE PARK

We had a great turn out this year, on August 21st for Fun Day in the Park at Lions Gate Park. We grilled up some hot dogs and had a great opportunity to have the bus out during the day and spread the word about PoCoMo and what our mission is in the community. We made some great connections with youth and adults. Thank you to all of the volunteers who came to help out and make it such a great success. A special thanks to Elevated Fitness Group for having an obstacle fitness course at the BBQ!



PoCoMo Wheelchair Tennis Tournament



Philippe Bedard ranked #2 in Canada.
A rising Canadian star on the tennis tour.

Once again this year PoCoMo had a great turn out for the world-class tennis tournament. With 20 players we had a very competitive tournament again. Congratulations to the winners of each division. Thank you to all the sponsors, spectators, volunteers and players who helped make this a success once again this year. City of Coquitlam, PoCo Inn & Suites, Coquitlam Tennis Club, Tennis Canada, BC Wheelchair Sports, Pasta Polo, and all the local businesses who donated food and prizes. A special thanks to the 15+ youth volunteers who organized the event.

Next Tournament Date: July 29th – 31st, 2011

Volunteer Spotlight



My name is Cindy St-Laurent and I am a recent graduate from Heritage Woods Secondary School. I am an aspiring journalist who is starting her first year at SFU in Communications. I took a Leadership In Philanthropy Course last year, which was an extra curricular course where you had to do a hundred and twenty hours of volunteer work for credit. Through this class I came across PoCoMo Youth Service Society and the Youth Bus Outreach Program. I found an article about it in the paper and decided that the cause was worth raising money for; therefore, I started a program at my school called Grad Care Bears, which were little graduation bears for the people graduating at my high school. From this I raised over 150 dollars and met Jerome to give him the money. We ended up talking and he offered me a position of writing articles in the Tri-City Newspaper about the Youth Bus Outreach Program, which I am currently working on and am very excited for it to start shortly.

In the meantime, I have volunteered on the bus a few times and love the experiences I have gone through. The staff and volunteers on the bus are wonderful, easygoing people to get along with. They truly care and dedicate their time each week for kids instead of going out themselves and having fun. Their support system is so apparent in the kids that we see weekly and the influence the bus has on the kids is amazing. It was an eye opener to see how much goes on at night with the youth of our society, but I am humbled to be able to play a part in helping them pick better choices and being there for them if they need someone to listen. The bus reaches kids at their level and understands that the way to reach someone is by first being their friend. I have made many friends with the staff and volunteers, and especially cherish the friendships I make with the youth on the street. I'm excited to see what the future has in store for me and the stories that I will be able to write about in the future.

3rd Party Fundraisers:



Simon Fraser Society Youth Team

Simon Fraser Society for Community Living youth group held a benefit car wash at the French Quarter Pub with proceeds going to PoCoMo Youth Services. They raise over \$300. AWESOME!!!! In the past this organization has used the money for movie nights or visits to the local pool but this year they decided to give the money to PoCoMo. This Summer Youth Group through the Simon Fraser Society is made up of youth in the community who live with a range of physical intellectual or physical disabilities. Thank you to the staff and youth for your donation to PoCoMo.

If you are interested in hosting a 3rd party fundraiser for PoCoMo, please visit our web site for more details, or contact the office at 604-525-1888 / admin@pocomo.org

Possible Volunteer Opportunities

- *Fundraising Committees
- *Marketing Committees
- *Event Planning
- *Office Support
- *Board of Directors
- *Youth Action Team

For more information visit our website www.pocomo.org

Email: volunteer@pocomo.org or call 604-525-1888

New Faces at PoCoMo

We are thrilled to have these talented and generous people join the PoCoMo team. Welcome!



Jaimi Shepard-
Administrative
Assistant



Jenna Delisser-
Youth Volunteer



Mayssa Rousseau-
Volunteer

POCOMO PROGRAM UPDATES

Youth Action Team (YAT)

PoCoMo's Youth Action Team consists of caring young people who share PoCoMo's vision and philosophy. They come together to share their voice, advise the PoCoMo board, partner with other youth groups, initiate community events, and volunteer at PoCoMo events and fundraisers.



The Youth Action Team has had an amazing summer. They spent a whole day setting up a festival site for Golden Spike Days. YAT also helped organize, plan, and work the PoCoMo Wheelchair Tennis Tournament in July. They did a great job helping with this event and made a huge impact on the event's success once again. YAT also created a new logo that you will see next to this article. With the upcoming school year YAT has 15 active members and is hoping to move forward with new innovative ideas to help the community. Keep up the great work YAT! If you know a youth interested in being involved, contact David at davidd@pocomo.org



Project Reach Out (Core Program)

Project Reach Out is the first mobile drop-in centre and outreach program of its kind in BC. An innovative program it connects with street involved youth in the communities of Coquitlam, Port Coquitlam, Port Moody. Staffed by a diverse team of adult youth workers, youth mentors and volunteers, Project Reach Out heads after-hours and actively seeks out and engages street involved youth. Project Reach Out continues to be a "beacon in the night" for youth in the Tri-Cities area, and beyond.

The bus has had a busy summer including our Fun Day in the Park BBQ providing community awareness about our programs. The bus also has been open for many tours and was in attendance at a fundraising carwash event put on by Simon Fraser Society for Community. A special thanks to the Living's Summer Youth Group for their generous contribution to PoCoMo. YOUTH SERVED (duplicated contacts):

2005: 1,280

2006: 1,789

2007: 2,347

2008: 4,602

2009: 4,400

"Thank you for your presence at Mary Hill Elementary, Vandal Watch has noticed the difference already. Thank you for the service you provide our communities." – S/Sgt. John LaSeur, Community Policing Services

School & After-School Programs

Streewise & I Am The Change

As the summer comes to an end, the staff members of STREETWISE and I AM The Change are looking forward to the upcoming school months. It is time again to take these amazing programs back to the schools and to the youth. STREETWISE is an interactive classroom discussion surrounding the issues that youth face at home, school, and after hours on the streets. This program offers the youth an excellent opportunity to build on their confidence as well as it presents them with different tools to help keep them safe. I AM The Change is a 8-week program that creates opportunity for middle school students to explore strategies and tool to assist them in making change. The program explores the areas of personal change, change in the school and community. The facilitators of both programs are able to bring both personal and work experience to the classroom discussions. All the staff are excited to get started! So look out schools, here we come!!

-Krysta Morris

Programs Facilitator (For information on the program, and bookings, contact admin@pocomo.org)



DeTour

Youth Theatre DETOUR is created with the intention to provide youth with an opportunity to come together, discuss, share, voice, and meet in understanding and acceptance. A place to share experiences they have in common, the skills, compatibilities, wisdom, and awareness which will assist themselves, and their peers, in making positive healthy choices



The purpose of "Detour", is to, through theatre, provide a safe and trusting environment where young people could come together, **discuss, and address social issues affecting youth in our community**. To create a space where youth can fully express, feel heard, access support, develop friendships, and share their contributions and gifts. Through the process of play building, rehearsals, and presentations, the youth will have the opportunity to further develop a sense of self, belonging, connectedness, responsibility, and pride. They will be sharing their experiences and messages with their peers and community through Detour and will have a positive effect on the community and themselves.

DeTour is open to youth from grades 8-12. The program runs throughout the school year meeting once a week for 2hrs, completing with school and community presentations.

For more information, contact Sarah Ann at sarahann@pocomo.org

UPCOMING POCOMO FUNDRAISERS/EVENTS

Unwrapped @ Coquitlam Centre

Date: November 23, 2010 ~ from 7:00 p.m. to 11:00 p.m.

Description: A Charitable Night of Shopping - Coquitlam Centre is a one-evening, four-hour-long shopping, entertaining, food and wine tasting, prize-laden extravaganza. Only ticket holders will be able to shop. This will be a great time to finish holiday shopping.

Cost: \$10.00 Per ticket all proceeds go directly to PoCoMo

* No minors allowed at this event

For Tickets: Contact Jaimi Sheppard –admin@pocomo.org.



A Night of Dinner and Dancing

Date: October 21, 2010 –6:00 p.m.

Where: Pallas Athena 101-1250 Dominion Ave Port Coquitlam

Description: A wonderful evening at Pallas Athena Greek Cousina. There will be a DJ and lots of room for dancing after dinner. This is a joint effort between Club Aviva, Tri-City Movement Therapy Society, and PoCoMo. Proceeds go to the Symington Endowment Fund.

Tickets: \$20.00

For information & tickets, contact Patricia Cooper at patricia@pocomo.org

Vancouver Canucks Alumni vs PoCoMo Youth Services Society

CHARITY HOCKEY GAME

Date: January 14th, 2011

KIRK MCLEAN

Time: Game starts 7:00 pm

CLIFF RONNING

Where: NEW Coquitlam Sports Complex

Tickets: \$12 Adult / \$5 Youth (on Sale November 1)

PoCoMo is hosting its 3rd bi-annual hockey fundraiser featuring the Vancouver Canucks Alumni. Featuring our past Canuck hero's and the caring community individuals who make up team PoCoMo. Come and enjoy great hockey, a giggle, and cheer for your favorite player, get an autograph, all while supporting a great charity.

Purchase a PoCoMo Roster Spot: Are you a hockey player who feels you can keep up to the Alumni? Have you dreamed of playing with or against Canucks? Now is your chance. PoCoMo is selling **roster spots for \$350**, which includes; a PoCoMo jersey with your name and number on it, post game dinner with the Alumni, photo opportunities, tax receipt, and 3 action packed periods of hockey.

For more information about purchasing a roster spot, or tickets for the event, please contact admin@pocomo.org / 604-525-1888.



TITLE SPONSOR:

Available!!

OTHER SPONSORS:



To be a sponsor, contact
admin@pocomo.org

A BIG THANK YOU TO OUR CURRENT SPONSORS & SUPPORTERS

PoCoMo has been in a very unique position over the years. We have provided support and services to youth in our community without any Provincial or Federal funding. We have relied on the generous support of grants, community, businesses, and private donations. With the belief in what we do, and recognizing the significant impact on those we serve, PoCoMo has been able to impact thousands of young people with the help of our supporters.

On behalf of the youth and families we serve, we extend a heartfelt THANK YOU for your generous support and encouragement.

PLATINUM SPONSORS:

BC Social Ventures Partners
Vancouver Foundation
Windsor Plywood Foundation

GOLD SPONSORS:

Anonymous Donor
Westminster Savings Foundation
Coast Capital Savings

SILVER SPONSORS:

Chris Spencer Foundation
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Rotary of Coquitlam Sunrise
Scotialbank
TD Bank Foundation

COMMUNITY FRIENDS of PoCoMo:

Artrageous Screen Printing
BC Wheelchair Sports
City of Coquitlam
Club Aviva
Costless Express
Coquitlam Fire Department
Coquitlam Grill
Coquitlam Leisure and Parks Services
Coquitlam Tennis Club
Gallaghers Cafe
Go West RV Centre
Jeff Pennington- ReMAX
Maple Leaf Self Storage
Port Coquitlam Youth Services
Purified Water Store-Water to go(Port Moody)
RBC
RP Diagnostic Service Centre (Port Coquitlam)
Sorooptimists of the Tri-Cities
Starbucks (Coquitlam Centre)
Tennis Canada
Tri Counselling Services
Vancouver Whitecaps Football Club

... and all the community individuals that have donated their time

SHOUT OUTS!

A big shout out to Chance 2 Choose for doing a fundraiser for us. We know there was a lot of work put into it. We really appreciate the support for our organization.

We also want to acknowledge the generous contribution of the Simon Fraser Society for Community Living for their contribution from their fundraiser car wash. It was a great opportunity to build our relationship with this organization.

A special thanks to Starbucks at Coquitlam Centre for their generous contribution to PoCoMo Youth Services. Starbucks has provided snacks for the bus and coffee for events such as Fun Day in the Park. It is greatly appreciated!

CALL TO ACTION!!!!

Your donation is necessary to help us fund our important community programs. Please call today to find out how you can make a difference in the lives of our youth.

Contact Jaimi Sheppard at admin@pocomo.org / 604-525-1888

Thank you for making a difference!!!!

